

**PUBLIC HEALTH LEADERSHIP EXPERIENCE:**

- American Public Health Association leadership volunteer, 2008-present
  - APHA Executive Board, elected for 4-year term (2018-2022)
  - Ex-officio on EB Strategic Planning Committee (2023)
  - APHA Committee on Health Equity, appointed for 3-year term (2023-2026)
  - APHA Community Health Planning and Policy Development Section Membership Co-Chair (2022-present)
  - Strategic Planning for Equity and Strength, consultant for APHA State Affiliates (23 affiliates to date) and small nonprofit organizations (2017-present)
  - Co-Author of APHA Justice, Equity, Diversity, Inclusion Toolkit (2020 and 2022)
  - Race and Equity in New Hampshire, Civic Engagement Workgroup member (2019-2022)
  - Dissertation advisor for DrPH student studying affiliate capacity for advocacy (2018-2022)
  - Mentor for student in dual MPH and Nonprofit Management degree program (2019-2020)
  - Chair, APHA Council of Affiliates (2017; also Chair-Elect, 2016; Immediate Past Chair, 2018)
  - Secretary, APHA Council of Affiliates (2012-2015)
  - Region 1 Representative, APHA Council of Affiliates (2011-2015)
  - Co-Chair, New Hampshire Public Health Association Public Policy Committee (2014-2016)
  - New Hampshire Affiliate Representative, APHA Governing Council (2009-2015)
  - President, New Hampshire Public Health Association (2011-2013)
  - Board of Directors, New Hampshire Public Health Association (2008-2019)
- Public Health Accreditation Board (PHAB) Site Visitor (2020-present)
- Adult Immunization Initiative Coordinator, Manchester Health Department, April, 2010 to June, 2011 (grant funded)
  - Planned and implemented policy and program initiatives to increase adult and adolescent immunization rates
  - Led efforts to build immunization preparedness based on experiences with H1N1
  - Coordinated school-based seasonal flu immunization clinics
  - Participated in regional emergency preparedness planning team
- New England Regional Minority Health Committee; 2002-2010 (volunteer)
  - Provided leadership in a variety of positions including
    - Chair of Quality Improvement Committee (2005-2009)
    - Chair of Cultural Arts Committee (2002-2005)
    - Member of the Executive Committee (2002-2010)
    - Assistant to conference manager
- New Hampshire Minority Health Coalition, Manchester, NH; 2000 to 2008.
  - May, 2007-December, 2007: Co-Interim Executive Director
    - Maintained relationships with external partners and supporters
    - Coordinated external work with the Co-Interim Executive Director managing internal affairs
    - Assured a smooth transition once a new Executive Director was hired
  - December, 2000 to December, 2008: REACH 2010 Project Director
    - Created multidimensional, multi-cultural coalition to address health disparities in diabetes and hypertension among ethnic populations in New Hampshire

- Directed CDC grant for programming to test community diabetes prevention interventions among minority populations
- Served on the Coalition Management Team, participating in strategic planning and day-to-day management of a community-based organization with 20 employees and a \$1.8 million dollar budget
- Provided linkages/liaison to governmental public health agencies including Manchester and Nashua NH health departments, NH Division of Public Health Services (NH DHHS), NH Diabetes Education Program (NH DHHS)

#### **POLICY EXPERIENCE:**

- Co-Authored Justice Equity Diversity Inclusion Toolkit for small nonprofits published by APHA
- Designed and implemented system for APHA Affiliates to participate in proposed policy review process (2018)
- Served on policy committees for various organizations including NH Public Health Association (2007), Citizen's Health Initiative (2004-2007), and NH Nurses Association (1997-2003)
- Served on NH Public Health Improvement Action Plan Board (NH DHHS) (2003-2011)
- Designed and taught basic advocacy course for NH Minority Health Coalition staff
- Took policy-related electives in MPH program including Policy Analysis, Public Health Law, Public Health Economics

#### **TEACHING EXPERIENCE:**

- Adjunct faculty, School of Human Services, Springfield College, 2012
  - *Public Health and Health Education*: teaching an undergraduate course designed to introduce students to the concepts and skills basic to public health and to community health education.
- Adjunct faculty, College of Business Administration, Creighton University, September, 2010-June, 2012
  - *Microfinance and Public Health: Theory and Practice*: co-teaching the course I helped develop to undergraduates in semester abroad program in the Dominican Republic (Spring semester, 2012)
  - *Microfinance and Public Health: Theory and Practice*: co-teaching undergraduates in Omaha, NE by internet connection (Fall semester, 2011)
  - *Microfinance and Public Health: Theory and Practice*: co-developed and co-taught course to undergraduate arts and sciences students studying for a semester in the Dominican Republic; course provided an introduction to public health and to microfinance, and then provided practical experience on the impact of economics/microfinance on community health (Spring semester, 2010)
- Guest Lecturer, University of New Hampshire Master of Public Health program, Summer, 2011
- Adjunct Faculty; Rivier College Department of Nursing, September, 2008-May, 2009
  - *NSG101 (4 credits) and NSG 102 (4 credits)*: teaching and leadership for medical-surgical clinical groups
  - *NSG320 (3 credits)*: "Families and Health in a Multicultural Society", including lecture, assignments, and student evaluation
- *Hablemos de Diabetes* Educator (volunteer for NH Minority Health Coalition, 2000):
  - Created and taught culturally based Spanish language program of education and support for Latinos with diabetes
  - Created and revised materials for classes
  - Provided on-going education and support for peer educators teaching classes
- Staff Development Coordinator, Heritage Home Health and Hospice, Meredith and Manchester, NH; 1993-1997
  - Designed and implemented this position
  - Assessed the educational needs of staff and provide opportunities to meet those needs

- Designed and taught new courses
- Coordinated utilization of other educational resources within the agency and from the broader community
- Volunteer for Institute for Latin American Concerns Summer Program, Creighton University, Omaha, NE; 1998
  - Provided supervision and consultation to nursing students and other team members
  - Provided primary health care and health education in Calimetál, Dominican Republic
- Secondary school teacher, Kaimosi Boys Secondary School, Kaimosi, Kenya, East Africa; 1974
  - Developed, taught, and evaluated curricula for English and biology for 60 boys in Forms 1 and 2 (grades 8-9)

**EMPLOYMENT HISTORY (1989-present)**

Organization	Position	Dates
Springfield College	Adjunct Faculty	2012
Creighton University	Adjunct Faculty	2010-2012
Manchester Health Department	Community Health Nurse	2010-2011
Rivier College	Adjunct Nursing Faculty	2008-2009
NH Minority Health Coalition	Visiting Nurse	2008-2010
NH Minority Health Coalition	Interim Co-Executive Director	2007
NH Minority Health Coalition	REACH Project Director	2000-2008
Heritage Home Health and Hospice	Visiting Nurse	1993-1997
Concord Hospital	Staff Nurse	1989-1993

**EDUCATION:**

Master of Public Health, University of New Hampshire, Manchester, NH; May, 2011; GPA 3.9

Master of Science in Nursing: University of New Hampshire, Durham, NH; May, 1999; GPA: 4.0

Bachelor of Science in Nursing: Colby-Sawyer College, New London, NH; May 1989; GPA: 3.9

Bachelor of Arts in Cultural Anthropology: Colorado State University, Ft. Collins, CO; May, 1976; GPA 3.9

**PUBLICATIONS** (peer-reviewed only)

The Meaning of Hope and Generic Caring Practices to Nurture Hope in a Rural Village of the Dominican Republic, (2001). *Journal of Transcultural Nursing*, 12(2), 123-131. Refereed.

A Systematic Review of the Congruence between People’s Needs and Nurses’ Interventions Supporting Hope, (2001). *The Online Journal of Knowledge Synthesis for Nursing*, 8(1). Refereed.

Exploration of the Concept of Hope in the Dominican Republic, (2000). *Journal of Advanced Nursing*, 1116-1125. Refereed.

## **MULTICULTURAL EXPERIENCES:**

### *Cuba:*

- 2015 (1 week) American Public Health Association delegation visiting health facilities and meeting with providers and officials to learn about public health in Cuba
- 2003 (2 weeks) Puente de Amigos visitor for New England Yearly Meeting of Friends (Quakers) to Cuba Yearly Meeting of Friends, visited each of the 5 churches in CYM to provide friendship, encouragement, and support.

### *Dominican Republic:*

- 2012 (4 weeks) Prep, teaching, follow-up of semester abroad course for Creighton University including qualitative research component
- 2010 (5 weeks) Prep, teaching, follow-up of semester abroad course for Creighton University including qualitative research component.
- 2000 (6 weeks) Volunteer support staff for visiting faculty in semester abroad program of Creighton University providing interpretation, assistance with health education materials, and teaching faculty children.
- 1998 (5 weeks) Professional mentor for nursing students in Creighton University summer program; also conducted qualitative research for nursing master's degree.

*Costa Rica, 2008 (10 days)* Interviewed leaders in women's cooperatives throughout the country.

*Host parent* for international secondary school students including academic year hosting of students from Brazil, Indonesia, Tajikistan, and Australia, and several shorter-term students.

*Mexico, 1988 (8 weeks)* Attended language school and lived with a host family.

*Kenya, 1974 (10 months)* Teaching in a rural school, (see Teaching above).

*India, 1969 (12 weeks)* American Field Service (AFS) exchange student living with a host family in Hyderabad.

**LANGUAGES:** English (primary); Spanish (fluent)

## **HONORS AND AWARDS:**

Chair's Citation Award, APHA Council of Affiliates, 2018

Selected as a Leadership New Hampshire Associate for the class of 2004.

Outstanding Student Achievement Award, Eta Iota Chapter, Sigma Theta Tau, 1999.

Community Research Award, Eta Iota Chapter, Sigma Theta Tau, 2000.

Student Research Award, Eta Iota Chapter, Sigma Theta Tau, 1999.

Life Care Centers of America Scholarship for Excellence and Commitment to the Care of Elders, 1998.

Nurse of the Year, Heritage Home Health and Hospice, 1995.

STAR ("Special Thanks and Recognition") Award, Concord Hospital, 1993.

Search for Excellence Award: New Hampshire Nurses Association, 1991.

## **ADDITIONAL LEADERSHIP POSITIONS:**

- Leadership New Hampshire graduate, 2004
- NH Public Health Improvement Action Plan committee member (2005-2007)
- Citizen's Health Initiative, Health Promotion Policy Committee (2004-2007)

- NH Diabetes Education Program Advisory Committee, chair (2004-2008)
- Leadership New Hampshire Program Committee (2004-2009)
- New Hampshire Nurses Association Government Affairs Committee (1997-1999, 2002-2003)
- Concord Friends Meeting, Religious Society of Friends, various leadership positions (1990-2000)
- American Nurses Foundation: Abstract Review Panel for Poster/Paper and Symposium Sessions for 1996 Scientific Conference, "Shaping our Future through Nursing Research" (1995)
- New Hampshire Nurses Association Commission on Practice (1990-1996, served as Chair, 1992-1996)
- Falls Risk Reduction Task Force: Concord Hospital Committee; one of three staff nurses asked to serve on this task force (1993)
- Gerontology Resource Group, Concord Hospital; unit representative on hospital committee (1990-1993)
- Student Representative on nursing school committees:
  - UNH Graduate Nursing Curriculum committee
  - Colby-Sawyer College Search Committee for Medical-Surgical Instructor (1988)
  - Colby-Sawyer College Search Committee for Nursing Department Chair (1988)
- League of Women Voters of Licking County, OH:
  - Vice President (1982-84)
  - Chair of Foster Care Study Committee (1981-82)
  - Member of Board of Directors (1981-84)
- Ohio Foster Family Care Association:
  - Vice President (1982).
- Licking County Foster Care Association:
  - President (1981).
  - Member of Founding Committee; By-laws Committee (1980)
- Licking County Youth Services Coordinating Council: Appointed by the County Commissioners (1980-81).
- Licking County White House Conference on Families: Appointed as county co-chair by County Commissioners (1980).