

## IMPROVING FOOD SECURITY

# Federal Food Access Programs

### Food Insecurity and Hunger: Who it Affects

**17**  
**MILLION**  
Households were food insecure in 2022



**44**  
**MILLION** Experienced hunger in 2022, including  
**1 in 5** CHILDREN

### Why Federal Food Access Programs Matter

Food security is a **basic human right**. However, millions of Americans don't get enough to eat each day. Federal food access programs help to put nutritious foods on the tables of millions every year.

### How These Programs Help Reduce Food Insecurity

#### Supplemental Nutrition Assistance Program (SNAP)

Provides monthly benefits to supplement purchasing food items. The program reduces food insecurity rates by up to 30%, making it the nation's largest safety net program.

#### Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Supports the diets of women, infants, and children up to age five by supplementing with nutritious foods, breastfeeding support, health care referrals and nutrition education. In 2022, WIC served almost 6.3 million people, including 39% of all infants in the U.S.

#### National School Lunch Program (NSLP)

Provides lunches to children in public and non-profit private schools at low or no cost. The program has shown a 14% reduction in food insecurity risk in homes that have at least one child participating in the program.

#### School Breakfast Program (SBP)

Provides breakfast to children in public and non-profit private schools at low or no cost. In the 2022/2023 school year, 11.3 million children received a low or no cost breakfast.

#### Summer Nutrition Programs (SUN)

Provides nutritious meals and snacks to children when schools are not in session. The programs help lift millions of children out of hunger. In July 2022, nearly 3 million children received a lunch, and just over 1.8 million received a breakfast.

#### Child and Adult Care Food Program (CACFP)

Enhances food security by providing meals and snacks to children and adults enrolled in participating child and adult care centers. 4.2 million children and 138,000 adults receive meals via CACFP each day.

#### Commodity Supplemental Food Program (CSFP)

Improves the health and well-being of seniors over 60 by providing nutritious foods that help supplement their diets. In 2023, just over 695,000 seniors participated in the program.

#### Temporary Emergency Food Assistance Program (TEFAP)

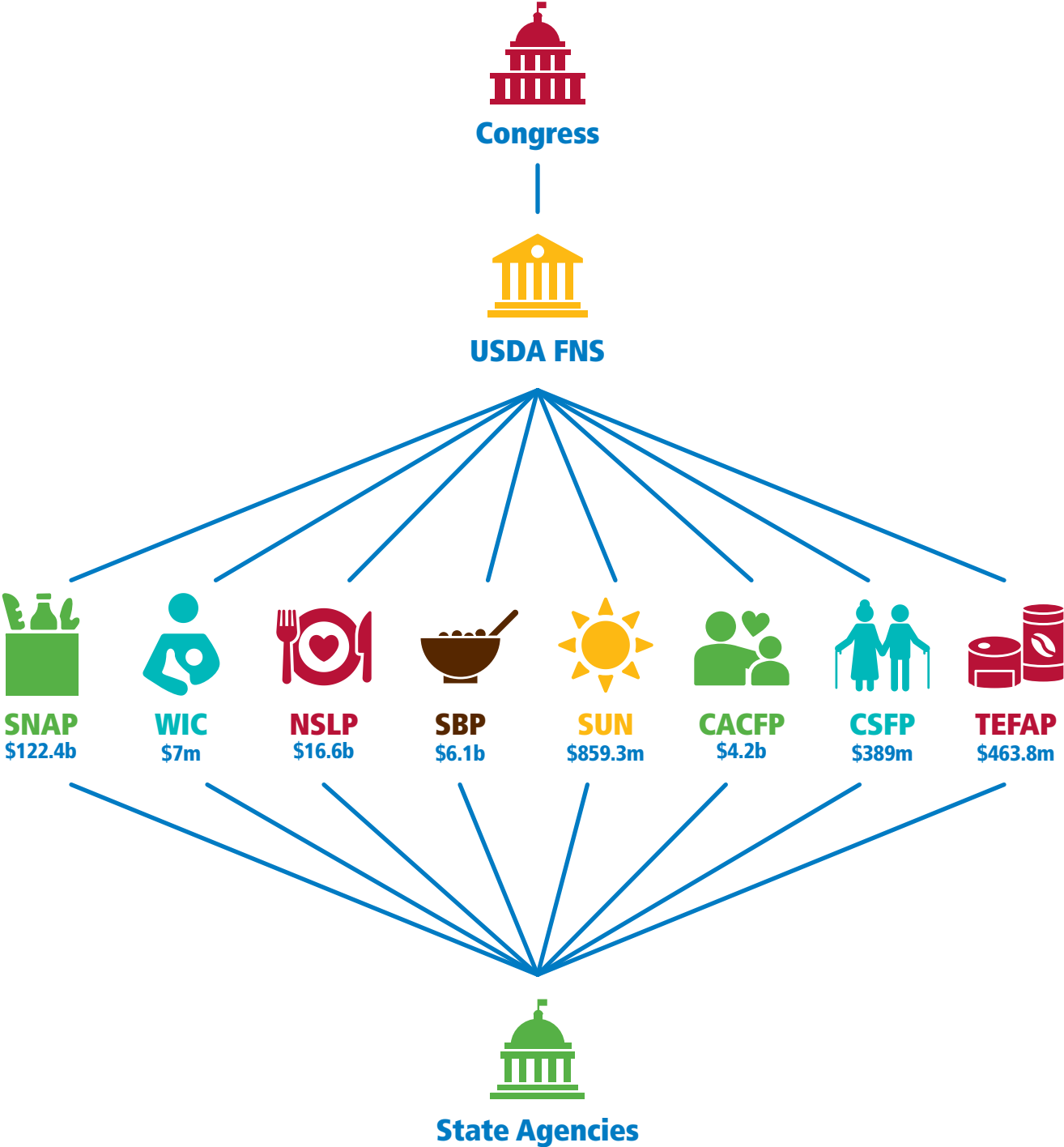
Supplements the diets of low-income individuals, including seniors, by providing free emergency food assistance at no cost by distributing food from farms to food banks. The program assisted 51 million people in 2021.

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### How Federal Food Access Programs are Funded

The United States Department of Agriculture Food and Nutrition Service (USDA FNS) administers funds to programs, including fiscal year 2024 Agriculture Appropriations\*, as depicted below.



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