

Calumet • Fond du Lac • Menominee • Outagamie Shawano • Waupaca • Waushara • Winnebago

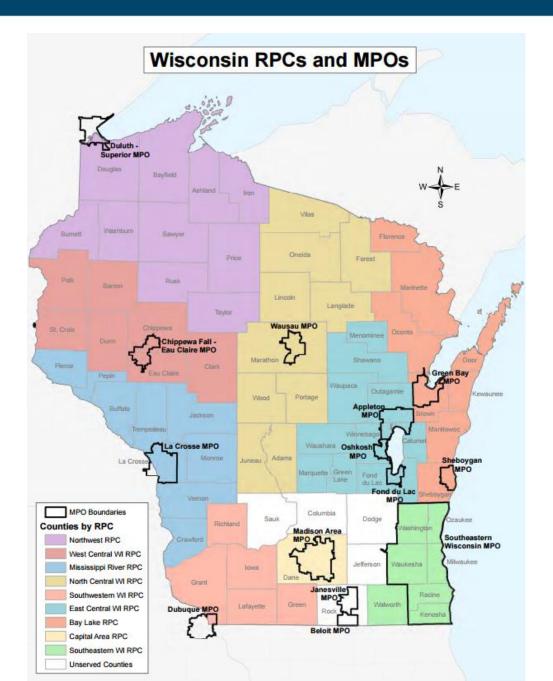


East Central's
Transportation + Health Tool
Case Study

Thursday, August 24, 2017

# RPCs/MPOs





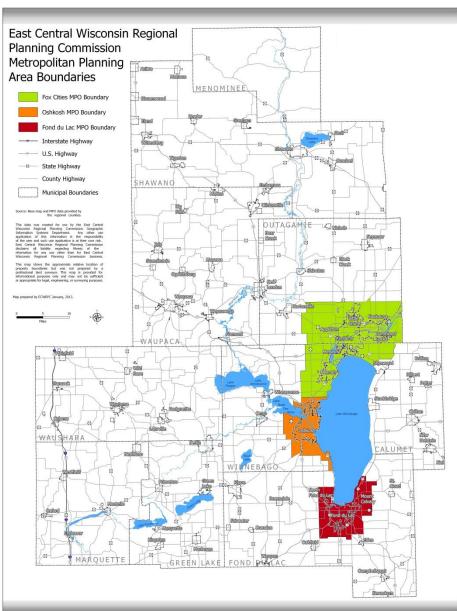


# **East Central Region**



- 10 Counties within our region
  - Calumet, Fond du Lac, Green Lake, Marquette, Menominee, Outagamie, Shawano, Waupaca, Waushara, and Winnebago
- Serves 3 Metropolitan Planning Organizations (MPOs)
  - Appleton (Fox Cities) TMA
  - Oshkosh
  - Fond du Lac

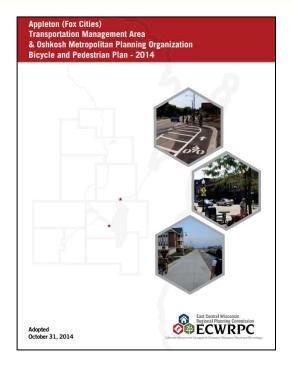




### **PROGRAMS**







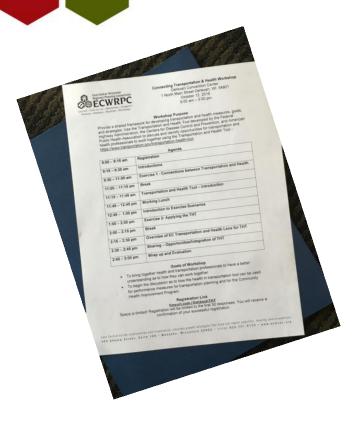








### WORKSHOP





Part of the enjoyment of working with ECWRPC on the THT workshop was the diversity of agencies that I saw in the room and their enthusiasm for collaborating with each other to enhance opportunities for healthy transportation options. After the workshop, it was so clear to me how smaller MPOs across the East Central Region, and in any state for that matter, could rally their member agencies around the THT and use it as a catalyst to build relationships and transportation alternatives from. ~Ed Christopher, Transportation Planning Consultant



Bringing together transportation and health professionals and discussing ways to collaborate.

### **Learning Objectives**

- To learn how people at the workshop will use the THT Tool
- To learn more about public health
- To learn how transportation impacts health
- To learn how to connect health and transportation to help make a larger impact
- To network with other stakeholders
- To learn from others
- To connect the dots between health and transportation
- To learn about the datasets used for the THT tool
- To learn ways to incorporate health into comprehensive plan updates
- To work with new groups
- To collaborate regionally
- To address tribal needs





# What transportation and health linkages need to be present to support healthy communities?

| Parks and Public  | Places Eas   | y Access  | Integrated Planning and Collaboration  |
|---|--|---|--|
| Neighborhood parks wirdistance to people work homes Trees and parks (green: Open spaces and parks community and a safe of them Green spaces connected: Playgrounds Public spaces for familial Music venues  Private Sector and Community Invol Engaged with municipate committees | ex places and  Pair places and  Pair places and  Pair places and  Traces are | sily accessed trails/walkways and bike rentals ansportation choices/options ails and walkways promoted by the mmunity cess to exercise facilities arketing of locations of trails uity in infrastructure rong downtowns that are not auto ntric blic transportation sic amenities that are close together e. grocery story, pharmacy, place of ork, etc.) easily access by public transit bicycle and pedestrian infrastructure mited school bus access for residential ighborhoods that are in close proximity | Repurposed buildings Community gardens Downtown economic development Mixed use development Parks and trails Four season perspective on opportunities to fund multi-modal transportation Vibrant downtowns with sidewalks Mandatory sidewalks throughout the city |
| <ul><li> Private investment</li><li> Public transit</li><li> Ease of storage of biken</li></ul>   |  | schools   |  |

#### Trails/Sidewalks/Bike Lanes

- Interconnected network of local streets
- Paths/signs for walkers and bicyclists
- Easy and safe access to trails
- Proper up keep of pedestrian and bicycle facilities (maintenance and snow removal)
- Bike lanes/Trail facilities/Sidewalks
- Dense residential land use patterns with sidewalks as standards
- · Ouality access to transit
- · Formal bicycle and pedestrian plan
- · Recreational trail and wayfinding signage
- Multi-modal transportation systems including bicycle and pedestrian facilities
   Night time lighting for safety
- · Wheelchair friendly accessible curbs
- Water fountains
- Traffic light and push button signals for walkers and bicyclists

#### Smart/Inclusive Land Use

- Destinations (i.e. schools and stores)
   within proximity to where people live
- Lots of business, shop, and services close together
- People outside walking and bicycling to various destinations
- · Limited parking spaces
- Access for healthy

- Ease of storage of bikes and connections to mass transit
- Strong collaboration between planning, public health, and department of public works
- Limited noise "less car/truck traffic"
- Fewer parking options
- No food desserts
- Public awareness
- Access to health care providers
- Active YMCA/Boys and Girls Club
- · School sites near homes
- Legislative and staff vision has inclusion of bicycling and walking



### ONE ON ONE MEETINGS



- Conversation with someone you haven't met or worked with before
- One person talks for 10 minutes, the other person listens and then switch after 10 minutes
  - Name and Organization
  - Why you selected your profession?
  - What you work on in your day to day activities?
  - What you are hoping to learn and implement from this workshop?

The THT workshop provided a better understanding of the impacts that transportation infrastructure has on an individual's heath. ~ Outagamie County Highway Commissioner

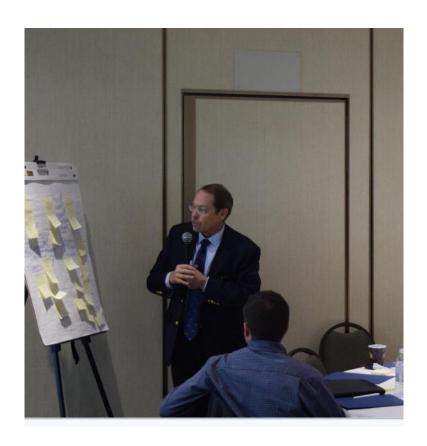


# **EXERCISE 2**



### Exercise 2 -

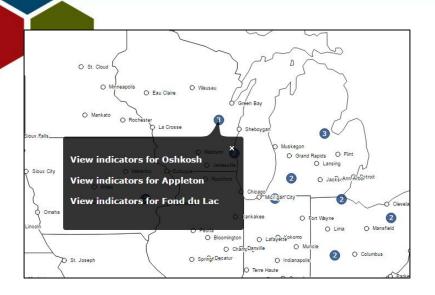
- Step 1: Identify relevant THT indicators.
- Step 2: Determine THT & secondary data sources using data matrix.
- Step 3: Select THT Strategies.





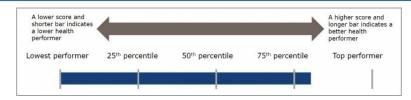


### **INDICATORS**



#### **Indicators**

- Commute Mode Share
- Land Use Mix
- Road Traffic Fatalities
- Complete Streets Polices
- Housing and Transportation Affordability
- Use of Federal Funds
- Person Miles Traveled by Mode
- Public Transportation Trips per Capita



#### **Appleton**



# INTEGRATION OF THT - STRATEGIES









### INTEGRATION OF THT - PERFORMANCE MEASURES



#### MAPSS Performance Improvement Program

MAPSS Performance Improvement program

Mobility

**Accountability** 

Preservation

Safety

Service

Additional measures

Archives

Lean government

initiative

Contacts Budget

Open Book

The Wisconsin Department of Transportation MAPSS Performance Improvement program focuses on the five core goals and associated performance measures that guide us in achieving our mission "to provide leadership in the development and operation of a safe and efficient transportation system." Establishing goals and measuring results is essential to running a successful and efficient organization and meeting public expectations. The department is committed to quarterly reporting of progress, with updates published in February, May, August and November. The schedule for review and reporting on individual measures is based on pertinent program cycles, the availability of data and the department's business need for the information.



#### Core goal areas and MAPSS Scorecard measures

Performance measures are a tool to help the department assess how well it's doing at meeting our mission. The Scorecard provides a snapshot of the state of Wisconsin's transportation system. Interactive web pages provide a way for the public to "drill down" into more detail. Click on a core goal area to explore each core goal area and related Scorecard metrics.

#### The five key goals are:

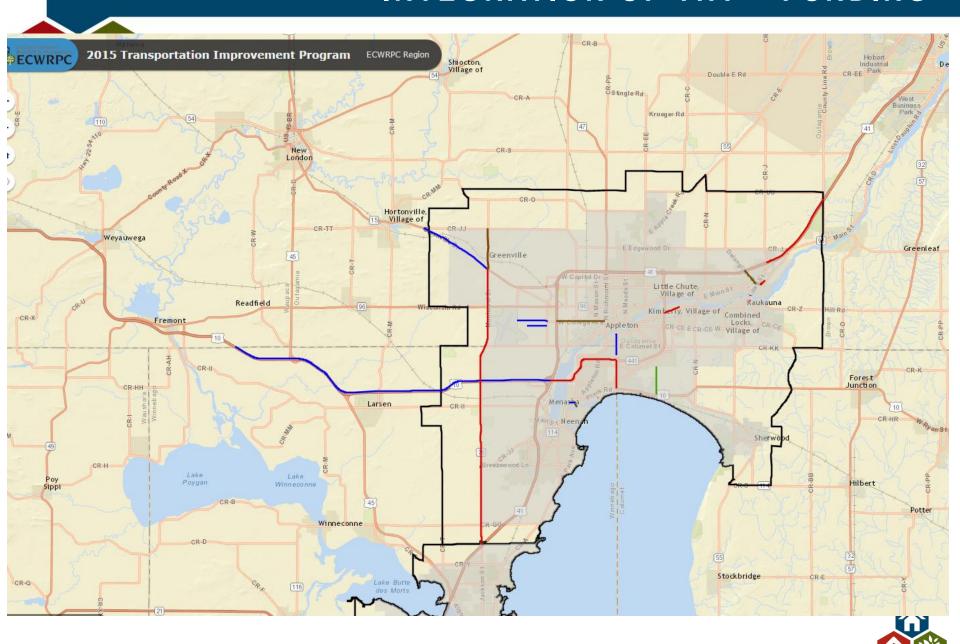
- Mobility
- Accountability
- Preservation
- Safety
- Service

#### Safety: Moving toward minimizing the number of deaths, injuries and crashes on our roadways.

| Traffic fatalities Calendar year-to-date 2016 (Preliminary)    | Number of<br>traffic fatalities                        | 276    | Annual target<br>is 522. Second<br>Quarter<br>target is 224.        | 1 | As of June 30th, there have been 276 fatalities in 2016. Our long-term goal is zero preventable deaths (a lower number is better).   |
|--|--|--------|---|---|--|
| Traffic injuries Calendar year-to-date 2016 (Preliminary)      | Number of<br>traffic injuries                          | 19,464 | Annual target<br>is 38,140.<br>Second Quarter<br>target is 17,764.  |   | As of June 30th, there have been 19,464 persons injured in 2016. Our long-term goal is zero preventable deaths (a lower number is better).   |
| Traffic crashes<br>Calendar year-to-date<br>2016 (Preliminary) | Number of<br>traffic crashes                           | 58,177 | Annual target<br>is 110,486.<br>Second Quarter<br>target is 52,816. |   | As of June 30th, there have been 58,177 traffic<br>crashes in 2016, which is up from 58,008 last<br>year. Our long-term goal is zero preventable<br>deaths (a lower number is better). |
| Safety belt use<br>Calendar year 2016<br>(Preliminary)         | Percent of vehicle<br>occupants wearing<br>a seat belt | 87.8   | 86.0 by 2016  | 1 | While Wisconsin's safety seat belt usage reached an all-time high in 2016, we lag behind neighboring states like Illinois and Michigan, with use rates of more than 90 percent.        |



# INTEGRATION OF THT - FUNDING



# INTEGRATION OF THT - CORRIDOR STUDIES







# **EQUITY WORK**



- Tacos and Transportation Events
  - Fox Valley THRIVES
- Collaboration between ECWRPC and Winnebago County Health Department
- Title VI requirements and improving the process



### **CONTACT INFORMATION**



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### **East Central WI Regional Planning Commission**

Website: www.ecwrpc.org

#### **Regional Collaboration**

East Central Wisconsin Connects
Transportation and Health Professionals

#### Appleton, Oshkosh, Fond du Lac



The Transportation Health Tool is an online resource developed by the CDC and USDOT with support from APHA that allows transportation decision-makers and stakeholders to understand how a region (specifically, a city or metropolitan area) or state compares to others across a set of key transportation and health indicators.

East Central Wisconsin Regional Planning Commission (ECWRPC) consists of eight member counties: Calumet, Fond du Lac, Menomine, Outagamie, Shawano, Waupaca, Washarra, and Winnebago, with a total population of 661,242. ECWRPC is unique as there are three Metropolitan Planning Organizations (MPOs): Appleton (Fox Cities) (population of 244,424); Oshkosh (population of 78,781), and Fond du Lac (population of 50,794) within the region.

The ECWRPC first began working with public health professionals in 2007 through local Safe Routes to School coalitions. In 2009, the ECWRPC was the first entity in Wisconsin to start a regional Safe Routes to School Program, and has worked with health organizations on a variety of programs related to the Regional Safe Routes to School program.

In 2010, the ECWRPC received a Bicycle and Pedestrian Program Grant to develop the Appleton (Fox Cities) Transportation Management Area and Oshkosh Metropolitan Planning Organization Bicycle and Pedestrian Plan. For this planning process, ECWRPC, staff expanded the steering committee to include public health professionals, transportation professionals, parks and recreation professionals, private businesses, and non-profit organizations to work together to develop the bicycle and pedestrian network and plan. The impacts that transportation initiatives, programs, and infrastructure have on public and community health are emphasized throughout the regional bicycle and pedestrian plan and the Long Range Land User/Transportation Plans for each of the MPOs.

Both public health and transportation professionals are evaluating progress of active transportation projects and programs. The THT provides indicators and strategies that can be used by both professions.

—Fast Central staff



Over the years, the ECWRPC has been involved in several health initiatives, including local Community Health Improvement Plans, the Weight of the Tox Valley Coation, and local health coations. In addition, the ECWRPC has integrated public health strategies and metrics into the transportation plans for each of the MPOs. East Central is currently participating in the Healthy Wisconsin Leadership Institute and has been a beta test for the Framework for Better Integrating Health into Transportation Corridor Planning for the College Avenue Cerridor.

East Central Wisconsin Regional Planning Commission | ecwrpc.org

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